

EXPLORING LODITOR

The Loditor pool can be reached with a simple excursion on foot (trekking, Nordic walking) and by bicycle (MTB, e-bike). Every excursion can be personalised by merging both scientific and naturalistic content.



DETAILS OF THE ADVENTURE



4 HOURS



€ 90 PER GUIDE
(GROUPS OF
MAX. 12 PEOPLE)



FROM APRIL
TO NOVEMBER



FAMILIES WITH CHILDREN,
COUPLES AND SMALL GROUPS



9.00 AM - 1.00 PM
2.00 PM - 6.00 PM



FOR INFORMATION CONTACT

TORGNON TOURIST BUREAU

Piazza Frutaz, in the town centre.

Telephone: 0166.540.433

Fax: 0166.540.991

E-mail: info@torgnon.net

Opening hours:

Sun-Mon-Tue-Wed-Thurs: 9.00 am-12.30 pm

Fri-Sat: 9.00 am-12.30 pm / 3.00 pm-6.30 pm

www.torgnon.org



TORGNON WILD NATURE

Visiting Loditor



EXPLORING THE PROTECTED AREA



TORGNON.PURE EMOTION



www.torgnon.org

THE WONDER POOL

The Loditor pool is a must see site for visitors to Torgnon. Located at an altitude of 1,920 m, in the Chavacour valley, it is easy to reach either on foot or by bicycle.

For its unique features, including a particular combination of moss, the *Cratoneurion*, Loditor is listed as a Special Conservation Site (ZSC) in the Natura 2000 network, a European ecological network created for the protection and conservation of natural habitats and of animal and plant species that inhabit them.

THE INHABITANTS OF LODITOR



FAUNA

The **Common Frog**, called red frog for its colour, reaches either still water or water presenting weak currents and deposits up to 4,000 eggs in masses of jelly (egg masses).

In winter the adult goes into hibernation and seems dead, with no detectable heartbeat or breath. To survive it produces large amounts of glucose that reduces the freeze temperature of body fluids. At the first signs of thawing, it awakens and instantly commences its reproductive cycle.



The **Mallard Duck** spends most of the day on the water. It visits land only to feed or clean its features, which are water-resistant as a result of the oily substance it spreads with the beak. This substance is produced by a gland situated at the base of the tail.

Dragonflies are bound to water for their life cycle. Their mating process is fascinating. The male performs ritual movements to attract the female. He catches her, holds her and arches the abdomen, stimulating her to do the same. If the response is positive, it will acquire the typical heart-shaped position.



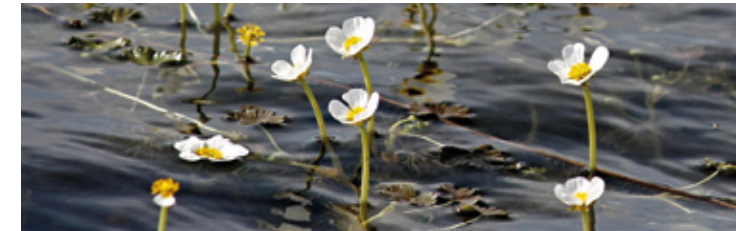
FLORA

Loditor waters have the highest presence of **alpine *Groenlandia densa***, an aquatic plant with leaves in opposite pairs. It lives entirely submerged in water.

The ***Ranunculus peltatus*** blossoms in summer. This aquatic buttercup with white flowers and floating leaves has roots anchored to the river bed.

Along the banks we find the ***Salix pentandra***, or bay willow, a very rare tree in Valle d'Aosta, whose name derives from the typical sweet wood scent released by the leaves when they are crushed.

The ***Utricularia minor*** is a carnivorous plant characterised by vesicles that have the dual function of floats and minute traps. Presenting a sequence of small brushes that contain air and are situated at the tip, when they are touched the trap opens and the animal is sucked inside.



It is surrounded by larch woods and features a rich mosaic of species and habitats typical of humid environments that are rarely found together in a few hectares of land.

Visit the dedicated page on the website and discover all the details of the adventure

